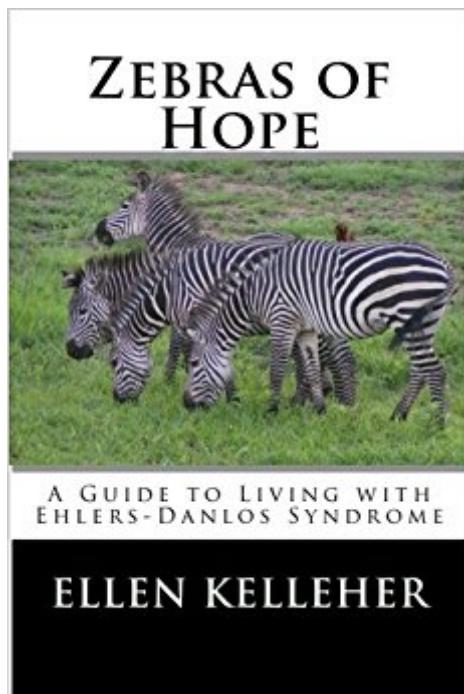


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# Zebras Of Hope: A Guide To Living With Ehlers-Danlos Syndrome



## **Synopsis**

This book was written for those diagnosed with Ehlers-Danlos Syndrome. It can be difficult to navigate the complexities of this condition, and I hope this book will help to prepare you to take on the challenge of living life after the diagnosis. We are born with EDS, yet finally receiving a diagnosis is devastating to many of us. This book includes some personal stories, so that you will be able to see how others have dealt with the diagnosis and learned to live their lives as they have faced the challenge of EDS and overcame the obstacle of self-pity, to move forward into a new life. Faith is the backbone of this book and I hope that through faith you will also learn to cope with EDS.

## **Book Information**

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## **Customer Reviews**

Ellen C. Kelleher is a born-again Christian. She lives in the Back Mountain Area of Pennsylvania with her husband, dog, 2 sheep, 3 goats, and 13 chickens. She enjoys reading, bible study, bird watching, and photography.

This is less a "help" book than it is a testimony to the very worst of this disease. There are some helpful passages to the rest of us. I left it with a prayer the author would be at peace from writing it.

I haven't read a book in 4 yrs, but i saw that this book was out there for free and I myself suffer from EDS, ( the same subtype as the author), and I can completely relate in most ways to her struggles. There were a few spots of information about the history on EDS that were interesting and also it was nice to learn about coping. GREAT BOOK!!!

Don't bother. You'll get more info from just a quick Google search or following an EDS pg on Facebook. Nothing of any value in the content of this book for someone just diagnosed other than recommendations of pages to follow on FB (that you can get on your own with a quick search).

I was quite disappointed in this book. The information in this book can easily be found in other places and there is too much emphasis on reliance on Christianity as a way of dealing with this disease. In my opinion, while spirituality can certainly be helpful in coping with chronic disease, I felt the author was too adamant that her brand of spirituality/religion was the only way to cope and have hope. Also, the book is quite short.

Great book! Excellent first person accounts. Would definitely recommend to newly diagnosed zebras! We all need information. This is an excellent resource.

Didnt tell me anything I didnt already know.

Helpful

Great book. Gave a great insight to the disorder. Made my daughter feel less "alone" in the issues of living with EDS

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